

HEALTH AND SOCIAL EDUCATION CURRICULUM POLICY (Secondary School)

At ICS Secondary, the need to foster a safe, healthy and informed student body is of utmost importance. The school has several programmes in place to address and help students to embrace personal, social, and moral issues. In addition to these external programmes, the curriculum is also enriched in its approach, as it addresses these components from an academic perspective. The school's academic approach to personal, social, and moral issues is one that compliments the pastoral nature of this broad area. Once a week, form tutors focus on one of the PSHE topics. The form tutor is responsible for the delivery of a multi-faceted lesson that may range from personal finance to sex education.

In addition to covering PSHE topics during form block, the general concepts are infused into the curriculum over a range of various subjects. Personal finance is addressed in Mathematics. Citizenship and moral responsibility topics are addressed in Modern Languages or Humanities. Drug, tobacco, and alcohol related themes, as well as sex and relationship responsibility, and nutrition are taught in Science. Emotional and Physical well-being is highlighted in Physical Education classes.

With the implementation of the International Baccalaureate Middle Years Programme, the PSHE programme has been developed through all the areas of interaction, not only within the form period hour but also strongly within the wider context of the school's curriculum.

Updated: September 2010
Review date: September 2011

APPENDIX



FORM PERIOD

WEEK	DATE	TOPIC
1	3 SEPT	School rules. Introducing yourself. IB Learner Profile and questionnaire. Healthy study practice
2	10 SEPT	Com. and service project planning
3	17 SEPT	Areas of interaction
4	24 SEPT	Studying skills. How do I learn best?
5	1 OCT	BAWDSEY
6	8 OCT	Mission statement / Folders review areas of interaction / IB learner profile
7	15 OCT	Bullying
8	22 OCT	Self assessment
9		HALF TERM
10	5 NOV	Reviewing your progress and setting targets. Community and service targets for the term.
11	12 NOV	Study skills – Review
12	19 NOV	Careers day
13	26 NOV	Student's self assessment - Year 11 MOCK EXAMS
14	3 DEC	Inclusion
15	10 DEC	School Production
16	17 DEC	Friends and friendship
17		HALF TERM
18	7 JAN	The world of work
19	14 JAN	Study skills
20	21 JAN	How to make the school environmentally friendly
21	28 JAN	Smoking/alcohol and drugs/ addictions
22	4 FEB	Global issues/Global warming

23	11 FEB	Setting goals for next term
24		HALF TERM
25	25 FEB	Prejudice and discrimination
26	4 MAR	School production
27	11 MAR	Relationships and sexual health
28	18 MAR	Antisocial behaviour
29	25 MAR	Reading strategies
30	1 APR	Stress and peer pressure
31		HALF TERM
32	22 APR	Reduce, Re-use, Recycle International Day
33	29 APR	Checkpoint exams / study skills
34	6 MAY	Who am I? / Self-esteem
35	13 MAY	Teachers' training day
36	20 MAY	BAWDSEY
37	27 MAY	Becoming an international citizen
38	3 JUNE	Oral communication
39	10 JUNE	End of Year Exams
40	17 JUNE	End of Year Exams
41	24 JUNE	Progress file/Goals and IEP reviews
		Managing your money
		Coping with difficult feelings (Separation, loss of a friend)
		Learning strategies

COMMUNITY AND SERVICE	HEALTH AND SOCIAL	ENVIRONMENTS	HUMAN INGENUITY	APPROACHES TO LEARN
<ul style="list-style-type: none"> • INCLUSION • ANTI-SOCIAL BEHAVIOUR • STAYING SAFE • RACIAL HARASSMENT • SHOPLIFTING • BULLYING • COMMUNICATION SKILLS • SOCIAL SKILLS • THINKING ABOUT YOUR SKILLS • THE WORLD OF WORK • CHOOSING YOUR SUBJECTS • BECOMING AN ACTIVE CITIZEN • SCHOOL COUNCIL • RIGHTS AND RESPONSABILITIES • SCHOOLS AND CHARITIES • IDENTIFYING COMMUNITY NEEDS • YOU AND YOUR LOCAL COUNCIL • RACISM • POLITICAL PARTIES • VOTING AND ELECTIONS • WORLD PROBLEMS • BECOMING A GLOBAL CITIZEN • GLOBAL ISSUES • THE MEDIA • BEING A VOLUNTEER 	<ul style="list-style-type: none"> • WHO AM I? • COPING WITH DIFFICULT FEELINGS • BEING ASSERTIVE • SEPARATION AND DIVORCE - FAMILY • LOSS OF A FRIEND OR IN A FAMILY • FRIENDS AND FRIENDSHIPS • LOVE AND SEX • STEREOTYPES • PREJUDICE AND DISCRIMINATION • RACISM • STAYING IN CONTROL OF YOUR LIFE • PEER PRESSURE <ul style="list-style-type: none"> • ALCOHOL • DRUGS • STRESS MANAGEMENT • SELF-ESTEEM • HYGIENE TEST 	<ul style="list-style-type: none"> • TRESPASS AND VANDALISM • CAR CRIME • RECYCLING CAMPAIGN • GLOBAL WARMING • REDUCE- REUSE- RECYCLE • SMOKING 	<ul style="list-style-type: none"> • PROBLEM SOLVING AND DECISION MAKING SKILLS • TAKING DECISIONS • SELF MANAGEMENT ATTITUDE • MANAGING YOUR MONEY 	<ul style="list-style-type: none"> • STUDY SKILLS • STUDY HABITS • SELF ASSESSMENT • REVIEWING YOUR PROGRESS AND SETTING TARGETS • LITERACY: CROSS – CURRICULAR APPROACH • IB LEARNER PROFILE • AREAS OF INTERACTION • TEN TRAPS OF STUDYING • LEARNING STRATEGIES • PROGRESS FILE • READING STRATEGIES • ORAL COMMUNICATION